

Health and Social Care Department Revision Guide for Parents



Examination board details:

OCR Cambridge National Health & Social Care Level 1/Level 2

Qualification website: <https://www.ocr.org.uk/qualifications/cambridge-nationals/health-and-social-care-level-1-2-j835/> this includes the specification, past papers, mark schemes and examiner's reports.

Exam dates and /or coursework deadline 2023:

- RO33 NEA/coursework – Christmas
- RO35 NEA/coursework – Easter
- RO32 exam – 5th June 2024 pm

In this subject the best way to revise is by:

- Look, cover, check revision to recall and cement information.
- Using case studies and past papers to pick out information and practice identifying factors and their positive or negative effect on health and wellbeing.
- Research the impact of unhealthy lifestyles and the risks of unhealthy physiological data readings (blood pressure, BMI etc.)
- Use the revision guide and practice papers provided.
- Past papers are available online; <https://qualifications.pearson.com/en/qualifications/btec-tech-awards/health-and-social-care.coursematerials.html#%2FfilterQuery=category:Pearson-UK:Category%2FExternal-assessments>

I can help my child by:

- Watching relevant television documentaries about health and social care issues.
- Discuss health and social care issues as they occur in the news e.g., the social care crisis and NHS bed blocking.
- Ask them to talk to you about what they have learnt in lessons.
- Supporting full attendance in college. *This is vital to ensure there are no gaps in learning or exam preparation.*
- If absence does occur, please ensure your child completes all missed work.

Useful web addresses and resources:

www.nhs.uk

Tutor2u www.tutor2u.net/hsc have a range of free resources as well as revision books that can be purchased.

British Heart Foundation www.bhf.org.uk this will cover many of the consequences of poor lifestyle decisions and how people can manage heart conditions while living an active life.

BBC News Health; <https://www.bbc.co.uk/news/health>

BBC New Family & Education; <https://www.bbc.co.uk/news/education>

BBC News Disability; <https://www.bbc.co.uk/news/disability>