LIFE Learning Journey Key stage 3

Our Life curriculum is enhanced through our form time and assemblies schedule. Together they cover our PD key themes:

- **1. Our Values, Character and Identity;**
- **2. Being Healthy and Safe;**
- **3. Being Respectful;**
- **4. Being RE informed Citizens**
- **5. Being successful in the future**

KEY STAGE 4

Substance misuse

- If alcohol is harmful, why is it legal?
- What are the health risks associated with alcohol and vaping?
- Illegals drugs and their impact
- – How can I handle peer pressure around substance use?

Crime and Punishment

- An eye for an eye
- Understanding Government
- How are laws made?
- Criminal Justice and Policing
- Capital Punishment and perspectives

Human Rights

- My right to be protected
- How are the rights of vulnerable people violated?
- How do FGM and forced marriages conflict with British values?
- Should we fight for human rights?
- How are our rights endangered online?

Protecting sexual health and choices

- How the law connects to issues of consent.
- Contraception and STIs
- What is abortion?
- What are the different views on abortion and sanctity of life?*
- What is HIV all about?

Planning for the workplace

- What does local labour market information mean for me?
- How can I develop my employability skills in school?
- Careers and gender stereotypes
- What are my choices post 16 and post 18?
- How do I access careers advice and information?

YEAR 9

Healthy Lifestyles

- How do we maintain our emotional wellbeing?
- Why is diet important for emotional and physical health?
- Budgeting for food in today's world
- How do we look after our physical health, including sleep?
- What is a Young Carer?

Peer Pressure

- What does peer pressure look like?
- Bullying: why is it wrong to be a passive bystander?
- "Go on, send me a pic"
- What are the consequences of sharing nude and semi-nude images?
- What is contraception?
- How can I respond assertively to challenging situations?

Making safe choices

- What are the characteristics of healthy and unhealthy relationships?
- What does consent mean in real life and online?
- How do I recognise and respond to unsafe online behaviour?
- How can I deal with peer pressure around substance use?
- Why do some people get involved with gangs and knife crime?
- What is domestic violence and where can I get support?

How can we express ourselves?

- Why do people believe…or not?
- How can we express ourselves by how we dress?
- How can data express belief?
- How is belief expressed in film and pictures?
- How can we act out our beliefs?

Animal Welfare

- Are animals a resource that we can use?
- What do Christians believe about animal rights?
- Vivisection
- Are we all stewards?
- Eating meat: yes or no?

Celebrating diverse ide ntities

- What identities exist in the UK, and how are they protected?
- What challenges does a person with a disability face?
- Let's stamp out racism
- Gender identity and career stereotype
- How did the baptism shape Jesus' identity?
- How does baptism shape a Christian identity today?

Respectful relationships

- What problems do teenagers face?
- How do we manage our emotional
- Bullying is not OK: how do we recognise an unhealthy friendship?
- What are the protected characteristics?
- Why should we forgive?

YEAR 8

First Aid and safety in the community

- Basic first aid
- Water, road and rail safety
- Staying safe in the local community
- Staying safe online

Understanding how we change

- How does puberty change us?
- How can I feel good about my body image and gender identity?
- How do I establish friendship boundaries?
- What is grooming and why is consent so important?

NSPCC "It's not ok".

- Why does safeguarding matter?
- Who are trusted adults?
- 'It's not OK': a unit of work from the NSPCC on relationships

Exploring Identity

- How do I recognise and respond to child on child abuse?
- What is FGM and why is it illegal in the UK?

Successful Transitions

- Our transition to Secondary school
- How can we manage our emotional health and avoid unhelpful thoughts?
- How can we build connections?

What was so radical about Jesus?

- Was Jesus' birth a miracle?
- What was special about Jesus' baptism?
- How radical were Jesus' actions?
- Why does Jesus' death matter?
- Resurrection: a radical fiction?

Life path of Siddhartha Gautama

- What is identity?
- What is British identity?
- What is a religious identity?
- What is a British Sikh identity?

How do we celebrate a life event?

- What are our values and goals in life?

Who am I in a digital world?

- How do I look after my digital wellbeing?

YEAR 7