

What is play therapy? ?

- Highly focused play-based therapeutic sessions delivered over a 10/12 week period.
- Delivered by a certified member of PTUK and BACP.
- Sessions include a range of activities (sand, puppets, music, movement, role-play, clay, toys, arts and crafts).



Why might my child need play therapy?

Your child may have been touched by adverse childhood experiences including:

- Domestic violence
- Separation or divorce
- Bereavement
- A parent/family member with a mental health condition
- Victim of abuse or neglect
- A member of the household being in prison
- Growing up in a household where adults are experiencing alcohol and drug use problems
- Stressful events

Where are the sessions?

- At school.



How do we refer?

- Arrange a chat with Miss Tymon (The SENDCo) on 01723 374 244.